



ENERGY MEDICINE RECOMMENDED READING:

Brennan, Barbara Ann. *Hands of Light: A Guide to Healing Through the Human Energy Field*. New York: Bantam, 1988.

Brennan, Barbara Ann. *Light Emerging: The Journey of Personal Healing*. New York: Bantam, 1993.

Bruyere, Rosalyn and Farrens, Jeanne. *Wheels of Light. A Study of the Chakras*. Sierra, Madre, CA: Bon Productions, First Printing, 1989.

Church, Ph.D., Dawson. *The Genie in Your Genes. Epigenetic Medicine and the New Biology of Intention*. Santa Rosa, CA: Energy Psychology Press, 2008.

Eden, Donna. *Energy Medicine: Balancing Your Body's Energies for Optimal Health, Joy, and Vitality* [Book] by Donna Eden, David Feinstein. New York: Jeremy Tarcher, 2008. *The Energy Medicine Kit*.

Gardner, Joy. *Vibrational Healing through the Chakras with Light, Color, Sound, Crystals, and Aromatherapy*. Berkeley, CA: The Crossing Press, 2006.

Gerber, MD, Richard. *Vibrational Medicine for the Twenty-First Century. The Complete Guide to Energy Healing and Spiritual Transformation*. New York: Eagle Brook/Harper Collins, 2000.

Judith, Anodea. *Wheels of Life: A User's Guide to the Chakra System*. Woodbury, MN: Llewellyn Publications, Twenty-fifth printing, 2018.

Karagulla, M.D., Shafica and van Gelder Kunz, Dora. *The Chakras and the Human Energy Fields*. Wheaton, IL: Theosophical Publishing House, 1989.

Lipton, Ph.D., Bruce. *The Biology of Belief. Unleashing the Power of Consciousness, Matter and Miracles*. Carlsbad, CA: Hay House, 2005. and *The Wisdom of Your Cells and Spontaneous Evolution*.

Lockhart, Ph.D. Maureen. *The Subtle Energy Body: The Complete Guide*. Rochester, VT: Inner Traditions, 2010.

Myss, Caroline. *Anatomy of the Spirit. The Seven Stages of Power and Healing*. New York: Random House/Harmony Books, 1996.

McTaggart, Lynne. *The Field. The Quest for the Secret Force of the Universe*. and *The Intention Experiment*.

Oschman, Ph.D. James. *Energy Medicine. The Scientific Basis*. New York: Churchill Livingstone/Elsevier, 2000. Reprint 2004.

Schwarz, Jack. *Human Energy Systems*. New York: E.P. Dutton, 1980.